

Topics

1. Epidemiology of hypertension in India and its trends.
2. Principles and techniques of blood pressure measurement
3. Which blood pressure apparatus should I use: Mercury, aneroid or digital sphygmometer?
4. Ambulatory blood pressure monitoring and home monitoring.
5. Where should I get Ambulatory blood pressure monitoring done and how do I evaluate the recording?
6. The close cousins (how to manage them)
 - A. Diabetes mellitus
 - B. Metabolic syndrome
 - C. Obesity
 - D. Dyslipidemia
7. Heart failure with normal ejection fraction HFnEF:- A less frequently recognized entity.
8. The latest guidelines – British Hypertension Society : what has changed?
9. What changes are expected in Indian hypertension guidelines III and JNC-VIII over existing guidelines?
10. Non pharmacological treatment of hypertensive patient.
11. Pregnancy and hypertension
12. Appropriate and inappropriate drug combination in management of hypertension.
13. Management of hypertension in acute stroke & AMI.
14. How much do I reduce blood pressure in adults, elderly, patients of CAD, CRF and old stroke !
15. Recent trials in management of hypertension
16. Resistant hypertension – Management strategies
17. Newer modalities of treatment in hypertension
 - A. Renal denervation therapy
 - B. Novel Baroreflex activation therapy

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DR. NAVED ASLAM, ASSOCIATE PROFESSOR

Department of Cardiology
Hero DMC Heart Institute

Unit of Dayanand Medical College & Hospital Tagore Nagar, Ludhiana

Contact no: 0161-2304282-87 Ext. 381 Mobile 098766-08744

E-mail : drnavedaslam@yahoo.com



Invitation & Programme

21st National Conference of HYPERTENSION SOCIETY OF INDIA

Date : 20th & 21st Oct, 2012

Time : 9.00 am–5.00 pm

Venue : Aveda Hotel, Ludhiana



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Dear Colleagues,

It gives us great pleasure to invite you for the annual meeting of Hypertension Society of India on 20th & 21st October 2012. We have tried to keep sessions of clinical relevance so as to make the scientific contents interesting for physicians. Hypertension has close cousins in diabetes, obesity and dyslipidemia which also need to be discussed in a hypertension meet. Hence, sessions have also been kept on these topics. We have included recent advances since Indian Hypertension Guidelines –III will be released shortly by the end of this year. Also, JNC VIII Guidelines are expected to be out by the year end.

The venue of the conference is a beautiful club and Hotel the ambiance of which should provide you with relaxation. We look forward to getting maximum free papers from you all, on hypertension and related topics, so that post graduates and young physicians also benefit. The registration for those sending free paper will be waived off. We shall have prizes for the best three papers.

We look forward to seeing you in October.

Thanking you.

Dr. Naved Aslam
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Dr. Gurpreet S. Wander
Organizing Chairperson

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