

DAYANAND MEDICAL COLLEGE & HOSPITAL, LUDHIANA



Ref. No. DMCH/P/2024/934

Dated: 19.12.2024

CIRCULAR

On occasion of "First Global World Meditation Day" a session will be held on Saturday, **21st December 2024** from 10.30 am to 11.30 am in LT - 1, College Campus, under the aegis of 'Nasha Mukt Bharat Abhiyaan' for the students of 1st year MBBS as per details given below:

Topic : Meditation for stress free life.

Speaker : Mr. Amitesh Marwah
State Youth Coordinator, Punjab
Art of Living.

Attendance is compulsory for MBBS admission batch 2024. All faculty members of College Campus and committee members are requested to attend the session.

Kanchan

Dr. Kanchan Gupta
Professor, Pharmacology,
& Nodal Officer (NMBA)

Gurpreet S. Wander

Dr. Gurpreet S. Wander
Principal

Copy to: The Secretary, DMC&H Mang. Society.

- : The Medical Supdt. (DMCH&HDHI) / Dean Academics.
- : All Heads of departments (College Campus) - kindly circulate in your department.
- : Ms. Deepak Sharma, PRO - for SMS purpose.
- : Mr. Yogesh Chauhan/Mr. Pushp Sharma - for necessary arrangement.
- : All concerned.