

DAYANAND MEDICAL COLLEGE & HOSPITAL, LUDHIANA

DMCH conducted Dressers Course for ward boys

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DMCH recently conducted Dressers Course for ward boys. Principal of DMCH, Dr. Daljit Singh inaugurated the Dressers Course for the ward boys being organized by Department of Plastic Surgery and Burns, DMCH. In his address, he said that applying a proper dressing is a skill, which should be done with proper care, although many people undertake the practice with no training. Modern dressings come in a pre-packaged sterile wrapping and date coded to ensure sterility. This is because it comes directly in contact with the wound, and sterility is required in order to fulfill the 'protection from infection'. Medical Supdt. Dr.B.S.Shah lauded the effort of department of plastic surgery in organizing the dressers course for its staff.





Professor & Head of Plastic Surgery-Dr. Sanjeev Uppal , who is the chief coordinator of the course, informed that historically, a dressing was usually a piece of material, sometimes cloth. However, modern dressings include gauzes, films, gels, foams, hydrocolloids, alginates, hydrogels and polysaccharide pastes, granules and beads. Previously, the accepted wisdom was that in order to prevent infection of a wound, the wound should be kept as dry as possible. Off late the concept of moist wound healing has been prevalent.

Various types of dressings can be used to accomplish different objectives including controlling the moisture content, so that the wound stays moist or dry. Protecting the wound from infection is the primary objective of proper dressing. An "ideal" wound dressing is one that is sterile, breathable, and encourages a moist healing environment. This will then, reduce the risk of infection, help the wound heal more quickly, and reduce scarring.

The course will be spread over 25 lectures spanning three months time. This includes the knowledge of human anatomy and physiology, basic information about various antiseptic solutions and ointments, sterilization techniques, packaging techniques, etc. There will be practical demonstrations during this curriculum. 15 Teachers from within the faculty of DMC shall be delivering the talks and training the dressers. There shall be periodic assessment in the form of multiple choice questions. A pre-test was also conducted on the trainees so as to make it a scientific training programme.