

DMCH Capsule



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Dear Friends,

What are the most precious things in one's life?

Most people would cherish peace of mind, good health, joyful experiences, loving relationships and happiness more than anything else. Self respect, along with the love and adulation of others, are invaluable. Not many would trade these with money or possessions.

As suggested by 'Thought for the month' (last page), material things can never be more important than what is dearest to the heart.

Dr Daljit Singh
Principal

Annual Convocation

The Annual Convocation was held with traditional grandeur. Degrees were awarded to 53 medical graduates of the MBBS Batch 2005.

The chief guest was **Dr Shiv Kumar Sarin**, Chairman, Board of Governors, Medical Council of India.

Sh. Sunil Kant Munjal, President of the DMCH Managing Society, congratulated the graduates. The gold medal for the best graduate, best all-rounder and best intern was presented to **Dr Nupur Nippun** and the silver medal to **Dr Sandeep Kaur**.

The chief guest presented 64 prizes and 13 medals to the students who had excelled in different subjects. [pic. A-C]



Operation Walk 2011

DMCH, in collaboration with Rubin Institute, USA, organized "Operation Walk 2011" for providing free hip and knee replacements to over fifty poor patients from all over Punjab. Padma Bhushan **Sh. Brij Mohan Lall Munjal**, Chairman Emeritus, DMCH Managing Society inaugurated the event. A team of forty-five persons including surgeons, anaesthesiologists, nursing and other supporting staff from Maryland, USA performed the surgeries. The entire faculty from Orthopaedics Department participated actively in this project. [pic. D]



A loving tribute to

Dr SB Khurana, former Principal and Prof. & Head of Medicine

19.11.1938 to 16.3.2011



"The lives of great men remind us that we too can make our lives sublime... and departing, leave behind us footprints in the sands of time..."

Deeply mourned by Dayanand Medical College & Hospital. A doyen of the medical fraternity, teacher of teachers, clinician par excellence, guiding light of students, messiah of patients.

Adieu Sir, with love, gratitude and reverence from all those whose lives you have touched in all your roles, and above all as a great human being.

Prof. Khurana constantly contributed to the tremendous growth of the institution with great zeal and enthusiasm. His demise is a deep loss to the medical fraternity and has left a vacuum which will be difficult to fill.

ANDROCON-2011

A three-day 16th National Congress of Andrology and Reproductive Medicine (ANDROCON-2011) organised under the auspices of Society of Andrology, India was formally inaugurated by the Chief Guest **Dr Tritto Giuseppe** from Italy. Organising Secretaries **Dr BS Shah** and **Dr Parminder Singh** informed that internationally acclaimed faculty delivered lectures on stem cell therapy, cloning, frontiers of Andrology, semen analysis and effects of drugs on semen. [pic E, F]



ECON-2011

The Department of Neurology organized ECON- 2011, the 12th Joint Annual Conference of Indian Epilepsy Association and Indian Epilepsy Society which was attended by around 300 delegates. President of DMCH Managing Society-**Sh. Sunil Kant Munjal** was the chief guest and Guest of Honour was **Ms Merry Barua**, Chairperson of Action for Autism, a world-renowned NGO. Amongst the distinguished guests were **Dr Samuel Berkovic** from Australia, **Dr Mathew Walker** and **Dr Indermohan Singh Sawhney** from UK, **Justice Ravindra S Bhatt** and **Prof. Satish Jain** from India. [pic. G]



Workshop on Patient Safety

A two-day workshop on patient safety was organized by the Safety Management and Sentinel Event Committee, DMCH in co-ordination with the College of Nursing. The workshop stressed on identification and management of patient safety needs, communication within health care team, responsibilities of nursing personnel. Lectures were delivered on Introduction to Hospital and Patient Safety, Management of Patient Safety Needs and Communication within Health Care team. [pic. H]



International Conference attended

Dr Omesh Goyal (Gastroenterology) presented two research projects viz. Combination Therapy in severe Alcoholic Hepatitis and Profile and outcome of Hepatocellular Carcinoma in Northern India at the Annual Conference of the Asia Pacific Association for Study of Liver (APASL)-2011, Bangkok. [pic. I]



DMCH - BLS Course

DMCH-Basic Life Support (BLS) Training Course was conducted for the PG students as per the recent guidelines of American Heart Association (AHA) in two batches of 35 students each. **Dr Sunil Katyal**, Course Chairman, **Dr Anju Grewal**, Co-ordinator along with other instructors **Dr HS Bains**, **Dr M Rupinder Singh**, **Dr Shikha Gupta** and **Dr Vivek K Gupta** conducted the course. [pic. J]



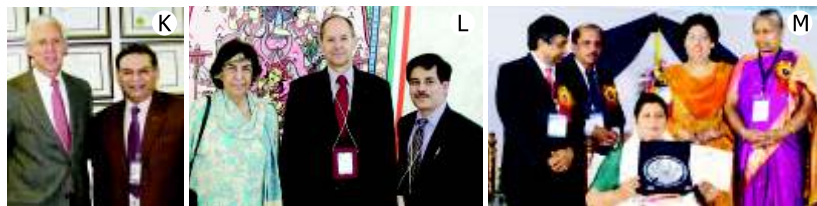
Congratulations.....

Two projects from DMCH have been approved by the Zonal Operational Research Committee under RNTCP Operational Research programme.

Dr Sanjeev Uppal (Plastic Surgery) was awarded fellowship in Cosmetic Surgery at York University, USA. Special emphasis was on cosmetic surgery procedures like face lift, Baggly Eyelids, Fat Injection Liposuction and body contouring i.e. Abdominoplasty, Body lift, Post Bariatric shaping. [pic. K]

Dr Manish Munjal has been elected Executive Member of Association (APSI) of Phonosurgeons of India. [pic. L]

Dr Jasbir Kaur (Nursing) has been awarded fellowship of Indian Society of Psychiatric Nurses (ISPAN). [pic. M]



CMEs/Workshops attended/Papers presented

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| ◆ Dr Jagdeep Whig , Dr Anil Kumar (Respiratory Medicine) and Dr Sarit Sharma (Community Medicine) | → State Task Force meeting to review performance of RNTCP of medical colleges of Punjab for 4th quarter at Amritsar. [pic. N] |
| ◆ Dr Manish Munjal (ENT) | → Workshop on Ear Surgery and Surgery for Voice Disorders at Delhi. |
| ◆ Dr Dinesh Garg (Ophthalmology) | → E-Poster on "Unusual concussion injury with iron blade" at 69th Conference of All India Ophthalmological Society at Ahmedabad. [pic. O] |
| ◆ Drs Vidushi Gupta , Hemlata Badyal , Joginder Sidhu , Garima Sharma (Physiology) | → CME on "Physiology Update" at Patiala. |
| ◆ Dr Suneet Kathuria (Anaesthesia) | → Cadaveric & Ultrasound workshop on Chronic Pain Management Procedures at 26th National Conference of Indian Society for Study of Pain at PGIMER, Chandigarh. |
| ◆ Dr Shruti Sharma and Dr Gunchan Paul (Critical Care) | → 17th Congress of Indian Society of Critical Care Medicine at New Delhi. |

Camps

▶ Blood Camps

The Department of Immunohaematology and Blood Transfusion, organised voluntary blood donation camps and collected 549 units of blood with the help of various organisations viz. Gurmatt Sewa Lehar, Sirsa, Salaam Zindagi Foundation, Ludhiana, Oriental Bank of Commerce, Moga and Baba Mal Singh Blood Donation Society, Bathinda.

▶ Free Eye Camp

Free Eye camps were conducted in the Eye OPD and Village Badra, Distt. Barnala in which patients were examined and refractions and surgeries were done.

▶ Free Psychiatry and De-addiction Camp

Free Psychiatry and De-addiction camp was conducted at Mullanpur by **Dr Ranjive Mahajan** in which 90 patients were examined and advised treatment.

▶ Pulse Polio Campaign

A total of 6478 children below the age of 5 years were covered during the Pulse Polio Campaign by the DMCH teams.



What's New at DMCH....

Message from the Secretary.....

Inaugurations



New facilities and equipment were inaugurated at DMCH & HDHI by Chairman Emeritus, DMCH Managing Society **Padma Bhushan Sh. Brij Mohan Lall Munjal** & President of DMCH Managing Society **Sh. Sunil Kant Murjal** -

Buildings - Newly renovated Neuro Ortho OT Complex, Orthopaedics Ward, Pediatrics Ward, Radio Diagnosis Block, Emergency Area and Dumra Auditorium, New 13-bedded Cardiac ICU and Cardiac Operation Theatre (OT) with a post-operation Pediatric Cardiac Recovery Unit at HDHI.

Equipments - COBAS Integra 400 plus, Hi-End Double Beam Spectrometer and COBAS E-411 (Biochemistry), Advanced TB Lab (Microbiology), Automated Blood Cell Counter (Clinical Pathology).

Prem Kumar Gupta

Secy DMCH Managing Society, Ludhiana

Resource faculty/Sessions Chaired/Guest lectures

- **Dr Jagdeep Whig** (Respiratory Med.)
- **Dr Praveen C Sobti** (Pediatrics)
- **Dr GS Bajwa** (Ophthalmology)
- **Dr Sanjeev Uppal** (Plastic Surgery)
- **Dr Kavita Sagggar** (Radio Diagnosis)
- **Dr Ranjive Mahajan** (Psychiatry)
- **Dr Sunil Katyal** (Anaesthesia)
- **Dr PL Gautam** (Anaesthesia)
- **Dr Sandeep Kaushal** (Pharmacology)
- **Dr Anju Grewal** (Anaesthesiology)
- **Dr Sarit Sharma** (Community Medicine)
- **Dr M Rupinder Singh** (Anaesthesia)
- **Dr Virendar Pal Singh** (Forensic Medicine)
- **Dr PJS Gill** (Community Medicine)
- **Dr Jasbir Kaur** (CON)
- Chairperson for session on Setting up a Bronchoscopy Laboratory at BRONCOCON-2011, PGIMER, Chandigarh.
- Faculty in RGCON-2011, organized by Rajiv Gandhi Cancer Institute & Research Centre, NewDelhi.
- Chairperson for session on "Inflammation" at All India Ophthalmology Annual Conference at Ahmedabad
- Guest lecture on "Degloving Injuries" at APSI-ETHICON Course on Extremity Trauma at Amritsar.
- Chairperson for session on "Professed Papers" at National conference of IRIA at New Delhi.
- Guest lecture on "Psychiatric Aspects of Erectile Dysfunction" at ANDROCON-2011.
- Chairperson at 26th Annual National Conference of ISSP-2011 at PGI, Chandigarh.
- Chairperson in 26th Annual National Conference of Indian Society for Study of Pain, PGIMER, Chandigarh.
- Guest lectures on "Basic & Clinical PK BE studies" at XXIX National Workshop on Clinical Pharmacology at PGIMER, Chandigarh and "ADR Spotting" at Workshop on Improving use of Medicine at NIPER, Chandigarh.
- Lecture "Use of clotting factors and other prohemostatic drugs for obstetric hemorrhage" at RACE 2011, Chennai.
- Talk on "Infant and young child feeding counselling" at a training session in GMC, Patiala.
- Guest lecture on "Single Injection and Continuous Blocks, below the Clavide" at 5th Pan-Asian Symposium on Regional Anaesthesia and Pain Medicine at Bangalore. Also chaired session on "Intrathecal pumps-pitfalls" & "Ozone therapy for disc pathologies" at 26th National Conference of Indian Society for study of pain-2011 at PGI, Chandigarh.
- Talk on "Medical Negligence : Its meaning, scope and Legal Interpretations" at 2nd International Conference on Medical Negligence and Litigation in Medical Practice at Goa.
- Guest lecture on "Prevalence of Obesity among Rural and Urban Adults of Punjab" at IAPSMCON-2011 Global Partnership for Health Development at Behrampur, Orissa.
- Guest lecture on "Complementary & Alternative Therapies in management of Psychiatric disorders" at 3rd International Psychiatric Nursing Conference ISPNIC-2011 at Chhattisgarh.

DAYANAND MEDICAL COLLEGE AND HOSPITAL, LUDHIANA

CONGENITAL MEATAL ATRESIA



Atresia of ear canal



Postoperative recanalised ear canal

The best things in life

- › *Accidentally overhearing someone say something nice about you.*
- › *Waking up and realizing you still have a few hours left to sleep.*
- › *Loving hugs.*
- › *Making new friends and spending time with the old ones.*
- › *Singing in the bathroom.*
- › *Sweet dreams.*
- › *Hot chocolate or whatever you love eating.*
- › *Cooking delicious food for someone you love.*
- › *Holding hands with someone you care about.*
- › *Watching the beautiful splendour of nature.*
- › *Taking long, refreshing showers.*
- › *Knowing that somebody misses you.*
- › *Creating something new and worthwhile.*

Thought for the Month



The best things in life aren't things

Executive Team – DMCH Capsule

Dr Daljit Singh (Chairperson), Dr Praveen C Sobti (Convener),
***Dr Manish Munjal** (Co-ordinator), Dr Anju Grewal (Secretary),
 Dr Deepinder Chhina, Dr Sandeep Kaushal,
 Dr Rama Gupta, Dr Harpal Singh Selhi, Dr Gautam Biswas,
 Dr Pavneet Kaur Selhi, Dr Deepak Bhat and Dr Amit Bery
***Issue Co-ordinator**

WHAT YOU MUST KNOW ABOUT...

CONGENITAL MEATAL ATRESIA

Dr Manish Munjal, Professor, Department of ENT

Q. What is congenital aural atresia ?

A. It is a malformation of the external ear canal, which if partial is called "stenosis", and if complete, is "atresia".

Q. What is its association with microtia ?

A. Stenosis and atresia of the ear canal are usually associated with microtia.

Q. What is the impairment in patients of atresia or stenosis and how is it corrected?

A. There is a functional impairment of hearing of the conductive type which needs surgical correction by drilling the ear canal and reconstructing the tympanic membrane along with the ear ossicles.

Q. How is hearing evaluated ?

A. Pure tone audiometry and brain stem evoked response audiometry is mandatory in a child with microtia or atresia. Otoacoustic emissions are useful in unilateral atresia if the opposite ear has normal hearing.

Q. Which side is to be operated upon ?

A. The side with the better cochlear reserve or hearing is operated upon to achieve the best postoperative hearing results.

Q. What is the timing of surgery ?

A. An otologic surgeon first corrects the atretic external ear canal for functional improvement in consultation with plastic surgeon to avoid compromising skin elasticity and vascularity for graft placement. The surgery for the repair of the pinna is carried out later.

Q. What is the age at which surgery is to be undertaken?

A.. Patients with unilateral microtia with atresia need surgery at 6-8 years when the rib cage has satisfactory growth. In bilateral atresia, surgery is undertaken one year prior to school going age since speech develops between 3-5 years of age and early recanalisation allows proper development of speech.

Q. What are the risks of the atresia recanalisation surgery.

A. Atresia recanalisation surgery is a very challenging procedure as the facial nerve maybe at an abnormal position and vulnerable to injury with consequent facial palsy. Therefore it is undertaken only at selected centers by experienced otologists.

Q. Are the facilities for this surgery available at DMCH?

A. Facilities and expertise for surgical correction is available at DMCH and several cases have been satisfactorily treated.

HELP LINES

EPABX: 0161-4688800, 4687700 (60 lines)
 HEART INSTITUTE: 0161-2304282 to 2304287
 AMBULANCE: 98155-50100
 Fax: 0161-2302620
 E-mail: dmch_ldh@satyam.net.in, dmch_ldh@glide.net.in
 Website: www.dmch.edu

For Comments & Suggestions : Mail us at dmchcapsule@gmail.com