



# DMCH Capsule



A Monthly Update From the Principal's Desk

Vol. 6

No. 12

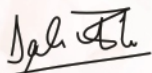
December, 2008

## Dear Friends

*It is a common misconception that the more we speak, the more we are able to communicate. In actual fact, our attention span is always limited and it is difficult to maintain concentration for a length of time.*

*Being brief and to the point along with use of appropriate non-verbal expression fetches better results by sustaining interest.*

*As suggested in 'Thought for the month' (last page), brevity is the soul of wit, rather, of all effective communication.*

  
Dr. Daljit Singh  
Principal

## 3rd Annual Academic Feast of Anatomists

The Department of Anatomy, DMCH organized the 8th CME and 3rd Annual Meet of Anatomical Society of India at Dumra Auditorium on 2nd Nov. Detailed discussions were held on 'Know Your Body Limits' where panelists discussed the importance of exercise and the anatomical sites frequently injured due to routine exercise. There was deliberation on management and rehabilitation of common injuries. Role of exercise in Osteoporosis was also taken up both for prevention and treatment. Dr. Poonam Singh was elected the President of North States Chapter of Anatomical Society of India. Dr. Hitant Vohra was elected as vice-president and Dr. Anu Vohra was elected executive member of the chapter. [Pic. A & B]

## IACCR 2008

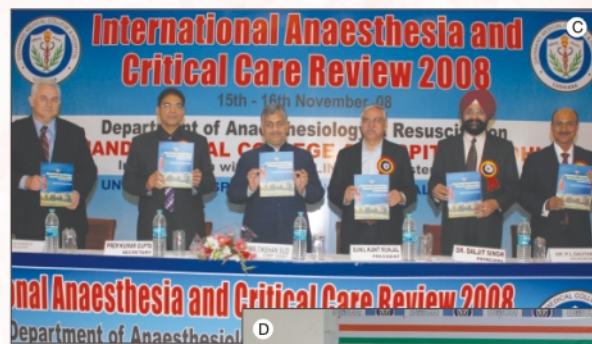
Two-day conference "International Anaesthesiology & Critical Care Review " (IACCR-2008) organized by Department of Anaesthesiology and Resuscitation in collaboration with the faculty from Mayo Clinic, Rochester, USA was held on 15th & 16th Nov.

Two pre-conference workshops were held on 14th Nov, one on Ultrasound Guided Procedures and another on Mechanical Ventilation. The esteemed faculty from Mayo Clinic, USA trained the delegates on the technique of ultrasound guided central venous cannulation and peripheral nerve blocks. Delegates were given hands-on-training on "How to use the new ventilatory modes." [Pic. C]

## National Communal Harmony Week & Flag Day

DMCH held programs on 19-25th Nov, to promote the cause of communal harmony and national integration. The chief guest was Mrs. Shubha Sanwalka.

The activities by the medical and nursing students of DMCH included declamation contest, choreography, poster contest, slogan contest, group song competition and solo song. The judges for the various events were the senior faculty members. [Pic. D & mast head]



## Congratulations!

Dr. (Mrs.) Jasbir Kaur, Principal, College of Nursing, was awarded Centenary Award by Dr. APJ Abdul Kalam at Centenary Conference of Trained Nurses' Association of India on 4th Nov. [Pic. E]

Dr. Manish Munjal and his team of Dr. RK Kaushal, Dr. Poonam Singh, Dr. Sanjiv Puri won the "Saraswati Verma Gold Medal".

Dr. Harmesh Singh was elected National Executive Member of IAP.

## World Diabetes Day

DMCH celebrated "World Diabetes Day" on 14th Nov. This year the campaign aims to reduce the death in children with diabetes with motto "No Child Should Die of Diabetes."

On this occasion, hospital staff and nursing students arranged a march from DMCH premises to nearby colonies in order to create awareness among masses about "Diabetes in Children and Adolescents."

Dr. Parminder Singh, (Endocrinology) stated that diabetes is a chronic, potentially debilitating and often fatal disease but can be properly treated. [Pic. F]

## World Epilepsy Day

On the occasion of World Epilepsy Day a health education lecture was given on 17th Nov. by Dr. Gagandeep Singh who spoke about incidents of epilepsy. Sh. Harish Rai Dhanda addressed the legal aspects of epilepsy. Dr. VS Saxena (President, Indian Epilepsy Association) briefed the audience about the functioning of association. An entertainment programme was organized.

## World COPD Day

World COPD Day was celebrated on 18th Nov. in DMCH. Dr. Jagdeep Whig, Dr. UPS Sidhu and Dr. Sandeep Puri briefed about the various causes, preventive measures and facts of Chronic Obstructive Pulmonary Disease.

## Microbiology Workshop

The department of Microbiology organised workshop-cum-CME on 'Basic techniques in medical mycology and yeast identification' on 2nd Nov.

## International Guest Lecture

Dr. Kishen Kumar, Director, Emergency Medical Services, Nassau University Medical Center, New York gave a lecture on Emergency Medicine with emphasis on Status Epilepticus and Anaphylaxis.

A workshop in Emergency care was also held.

## International Fellowship

Dr. Manish Munjal (ENT) completed a fellowship on endoscopic anterior and middle skull surgery at Singapore General Hospital.

## International Conferences

Dr. Dinesh Garg (Ophthalmology) attended American Academy of Ophthalmology conference held on 7-11th Nov, at Georgia World Congress Centre, Atlanta (USA). [Pic. G]

Dr. Alka Dogra (Dermatology) delivered a guest lecture in "Dermicon-2008" held in Cairo, Egypt [Pic. H]

## National Conferences

♦ Dr. Navpreet Kaur, Dr. Ekta Bansal and Dr. Navjot Bajwa attended 16th Annual National Conference of Association of Medical Bio-chemists of India (AMBI) held from 13-16th Nov, at Chandigarh. Dr. Navjot Bajwa, chaired a session. Dr. Navpreet Kaur and Dr. Ekta Bansal also attended a workshop on "Molecular Diagnostic Techniques".

♦ Dr. Vikas Garg and Dr. Amandeep Singh attended the "10th Annual International Conference of the Society for Emergency Medicine in India - EMCON-2008" held at Salem, Tamil Nadu, on 14-16th Nov. [Pic. I]

## Papers presented

- ♦ A paper was presented by Dr. Seema Gupta, Dr. Veena Sood and Dr. Poonam Singh, and another by Dr. Daizy Singh, Dr. Poonam Singh and Dr. Veena Sood at the Annual Meet of Anatomical Society (p.I).
- ♦ Dr. Manish Munjal presented a paper at ISOCON in New Delhi.



### Guest lectures/ Faculty

Dr. (Mrs.) BK Gill chaired a session and Dr. (Mrs.) Promila Jindal delivered a lecture during quarterly meeting of Obstetrics & Gynaecology Society of North Indian held at CMC, Ludhiana. Dr. Suman Puri also attended. [Pic. J]

Dr. Deepak Jain was invited as a guest faculty at Basic Arthroscopy workshop 2008 in IOACON 2008.

Dr. Gagandeep delivered a talk at 2nd National conference of Indian Academy of Tropical Parasitology at New Delhi.

Dr. Gautam Ahluwalia was invited as a guest faculty for a Panel discussion at NAPCON-2008 in Lucknow.



### What's **New** at DMCH....



#### Upgraded Laundry and Linen Services

Laundry service is responsible for providing an adequate, clean and constant supply of linen to all hospital users. The basic tasks include: sorting, washing, extracting, drying, ironing, folding, mending and delivery. Hospital linen includes all textiles used in the hospital including pillow covers, blankets, bed sheets, towels and doctor's coats. The hospital receives all these materials from different areas like Operation Theatre, wards, outpatient departments and office areas. The OT linen materials need special care since it has to be washed and sterilized carefully and they are sent to the CSSD department for auto-claving. The Laundry is operational 24 hours a day.

Recently renovated DMCH laundry includes ultra modern machines, which includes Washer extractors, drying tumblers, Flat bed press and Flat work ironer. 1500 Bed sheets are delivered daily to all the areas which include ICUs, OPD, Emergency, General wards and Family wards.



#### Pulse Polio campaign

As many as 6673 children were covered under the Pulse Polio Campaign organised on 16-18th Nov, 2008.

In special Pulse Polio Campaign (Mop up Round) 3613 children were given Polio Drops in the area covered by Urban Health Centre, Jamalpur under the supervision of Dr. Sangeeta Girdhar.

Dr. RK Soni was appointed as WHO independent monitor for special Pulse Polio Campaign for migratory population on 17-19th Nov.

#### Conferences/ CMEs/ Workshops attended/ Camps organised

Dr. Lily Walia, Dr. Vidushi Gupta, Dr. Hemlata, Dr. Juginder Sidhu, Ms. Sonika Pathania, Dr. Sangeeta Nagpal, Dr. Rishu Segan, Dr. Monika Garg, Dr. Jasdeep Singh Sandhu and Dr. Mandeep Kaur Brar (Physiology)

Dr. GS Bajwa (Ophthalmology)

Dr. GS Wander and Dr. Rohit Tandon (Cardiology)

Dr. Bishav Mohan and Dr. Rohit Tandon (Cardiology)

Dr. Rajeev Gupta and Dr. Naveen Kumar (Consultants, HDHI)

Mr. Prabhjot Saini and Mrs. Damandeep Kaur (Nursing)

Mr. Suresh K Sharma (Nursing)

Attended CME on Exercise at GMC, Chandigarh. [Pic. K]

Organised free eye camp in the Eye OPD.

Conducted a camp at Shahkot. [Pic. L]

Conducted a camp at Jaito.

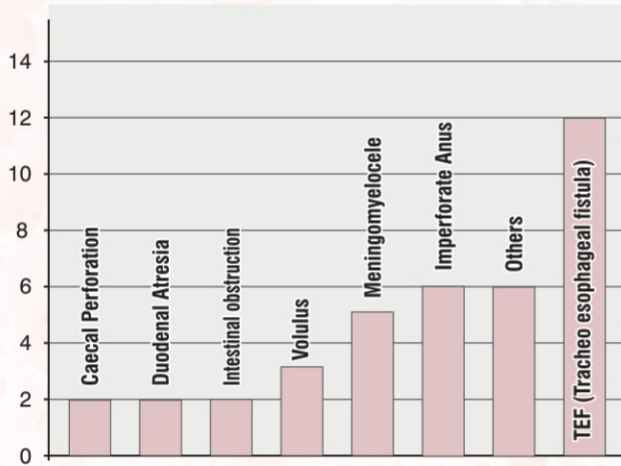
Conducted a camp at Fatehabad.

Attended workshop on "Teaching Learning Methods in Health Profession's Education" at AIIMS, New Delhi.

Attended workshop on "Training Course on Research Methodology" at National Institute of Health and Family Welfare, New Delhi.

**Dayanand Medical College and Hospital, Ludhiana  
Neonatal surgeries**

Year 2007-2008



**Listening ....**

- ♦ Make sure you have finished speaking before your audience has finished listening.  
*- Dorothy Sanroff*
- ♦ It is the province of knowledge to speak and it is the privilege of wisdom to listen.  
*- Oliver Wendell Holmes*
- ♦ There are people who, instead of listening to what is being said to them, are already listening to what they are going to say themselves.  
*- Albert Guinon*
- ♦ No one really listens to anyone else, and if you try it for a while you'll see why.  
*- Magnon McLaughlin*
- ♦ The face is the mirror of the mind, and eyes without speaking confess the secrets of the heart.  
*- Saint Jerome*

**Thought for the Month**



*The less you speak,  
the more you are listened to*

**WHAT YOU MUST KNOW ABOUT...  
Tracheo-esophageal fistula**

**Dr. RJ Singh, Professor & Head, Pediatric Surgery**

**Q. What is Tracheo-esophageal fistula?**

A. It is an abnormal congenital connection between esophagus and the trachea. It is often combined with esophageal atresia. There are five types of this combination, the commonest being esophageal atresia with a blind upper pouch of esophagus, the lower part having a fistula with the trachea.

**Q. When should one suspect a newborn to have TEF?**

A. TEF is suggested in a newborn by copious salivation associated with choking, coughing and cyanosis coincident with onset of feeding. Aspiration occurs soon.

**Q. How is TEF diagnosed?**

A. Antenatally it is suspected by ultrasound in mothers having polyhydramnios. After birth it is identified by passing N/G tube and taking X-ray of neck and chest. The tube will be seen coiled in the lower part of neck instead of reaching the stomach.

**Q. Is it a treatable condition?**

A. Yes, it is surgically corrected with resection of fistula and anastomosis of any discontinuous segments. Surgery should be done early before aspiration and other problems occur. It may be done in a single stage, or, in sick babies, over two stages.

**Q. Are there any difficulties in feeding such babies after surgery?**

A. There may be regurgitation of feeds due to xylum, when solids are started. There may be difficulty in swallowing due to stricture which may require dilatation.

**Q. Are there any associated anomalies ?**

A. In 30% children with TEF other malformations like anorectal cardiac, renal, vertebral and limb anomalies may be there.

**Q. Does DMCH have the facilities to treat TEF?**

A. Yes, DMCH has a well equipped OT, trained staff and a level III Nursery for taking care of post operative problems.

**Executive Team – DMCH Capsule**

Dr. Harmesh Singh Bains (Convener), Dr. Praveen C.Sobti (Secretary),  
Dr. Manish Munjal, Dr. Dinesh Garg, Dr. Sandeep Kaushal,  
Dr. Rama Gupta, Dr. Anju Grewal, Dr. Harpal Singh, Dr. Gautam Biswas,  
Dr. Virendar Pal Singh and **\*Dr. Deepak Bhat.**

**\*Issue Co-ordinator**

**HELP LINES**

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AMBULANCE: 98155-50100  
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E-mail: dmch\_ldh@satyam.net.in, dmch\_ldh@glide.net.in  
Website: www.dmch.edu

**For Comments & Suggestions : Mail us at dmchcapsule@gmail.com**