



DMCH Capsule

A Monthly Update From the Principal's Desk

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Dear Friends

As our life's journey unfolds, every moment presents itself with countless possibilities. Things happen either by natural evolution, through sheer momentum, by accident, as a reflex response or by your conscious choice.

Some crossroads can be anticipated, others are unforeseen and dramatic. Hence, events may be dictated by your decisions or could be beyond your control. Either way, you cannot undo them, as expressed in 'Thought for the month' (last page). You can make the downstream in the river of time better by making best choices. At the same time, if circumstances are not in your hands, the acceptance of this fact gives peace of mind.

Dr Daljit Singh

Workshop on Clinical Research Methodology

The Department of Pharmacology organized a workshop on Clinical Research Methodology. The workshop was conducted with the combined efforts of the faculty of Department of Pharmacology-DMCH, JIPMER, Pondicherry and Govt. Medical College, Amritsar.

The workshop was inaugurated by **Dr. Daljit Singh**, Principal. He emphasized that researchers should be thoroughly motivated to equip themselves with clear cut model and methodological tool.

Dr. S.C. Chopra, Dean Academics, and Chairman, Organizing Committee welcomed the speakers, resource person, faculty members and the participants. **Dr. Sandeep Kaushal**, Organizing Secretary introduced the theme of the workshop to the participants. (Pic A-B)

Dr. R. Raveenderan, Professor Pharmacology, JIPMER, Pondicherry explained the steps in research, like formulating a hypothesis, preparing a research protocol, writing a proposal for research grant and seeking ethical clearance for the project. **Dr. Jatinder Singh**, Additional Prof. Pharmacology, GMC, Amritsar, informed that an e-group will be set up to facilitate the interaction of the participants with the faculty.



North Zone Workshop on Integration of Clinical Pharmacology

The Department of Pharmacology organized a workshop on 'Integration of Clinical Pharmacology in UG Curriculum Programme'. **Dr. L.S. Chawla**, former Vice Chancellor of Baba Farid University of Medical Sciences was the Chief Guest and he released 'Pharmacology Practical File' prepared by the Department of Pharmacology. **Dr. S.C. Chopra**, Dean Academics also demonstrated 'Practical Examination Software' for generating uniform and standardized question papers.

DMC Alumni Meet

Old memories and spirits were revived at DMCH Alumni Meet held on 24th Dec, 06. The meet was organised to celebrate the silver jubilee of MBBS admission batches 1976, 77 & 78. In addition to the DMCH Alumni, those present on the occasion were **Sh. Prem Gupta**, Secretary, DMCH Managing Society, **Dr. N. Dubey** and **Dr. L.S. Chawla** (both former Principals of DMCH), **Dr. Daljit Singh**, Principal, **Dr. Jagdeep Whig**, Vice Principal and Chairman of DMC Alumni Committee, **Dr. Tej K. Kaul**, Convener, DMC Alumni Committee, **Dr. M.L. Gupta**, Professor and Head, Surgery and other senior faculty and management members. (Pic.-C)



Blossoms' 06

A fresher's party was organised by College of Nursing in Dumra Auditorium on 7th Dec, 06 for the welcome of new batches of B.Sc, G.N.M. and Post Basic Nursing. Mrs. Sunila Gupta presided over the function. Main attraction of the programme was a Fashion Show cum Mr. and Miss Fresher competition. The Judges for the competition were **Dr. (Mrs.) Jasbir Kaur**, **Dr. Deepinder Chinna**, **Dr. Navjot Bajwa** and **Dr. N.S. Khaira**.

Miss Rajbir Kaur and **Mr. Robin Sharma** were declared Miss and Mr. Fresher.

INTERNATIONAL Conference/ Workshop/ Meet

85th AO Course, Davos, Switzerland 8-15th Dec.

Dr. J.L. Bassi (Orthopaedics) invited as an expert senior faculty to impart training in the management of musculo skeletal trauma. (Pic.-D)



5th World Congress of International Academy of Cosmetic Dermatology, Melbourne, Australia 9-13th Dec.

Dr. Alka Dogra (Dermatology) attended the congress and had given an oral presentation on 'Cosmetic Dermatitis'. (Pic.-E)



NATIONAL Conference/ Workshop/ Meet

Neovent 2006 (Assisted Ventilation of Neonates) organised by Pediatric Intensive Care Chapter, Academy of Pediatrics, Nagpur, 15-17th Dec.

Dr. Puneet A. Pooni (Paediatrics) participated in the conference and chaired a session on 'Optimizing Ventilation of Newborn.'

XXXIX Annual Conference of Indian Pharmacological Society, Jaipur, 21-23rd Dec.

Dr. Bharti Mahajan (Pharmacology) attended the conference and also presented a paper. Two more papers were presented by the department.

WHO-GOI Collaborative Programme, Centre for Community Medicine, AIIMS, New Delhi 4-8th Dec.

Dr. Anurag Chaudhary (SPM) attended the workshop on 'Public Health Approach for Prevention and Control of Non-Communicable diseases.'

54th National Conference of Anatomical Society of India, Kochi-Kerala, 27-30th Dec.

Dr. Ajay Kumar (Anatomy) presented a paper entitled 'Morphometric Characteristics of Thoracic & Lumbar Vertebral Body.'

54th Annual Conference of Indian Society of Anaesthesiology, Mysore, 26-29th Dec.

Dr. Tej K. Kaul (Anaesthesia) delivered a guest lecture and adjudged Best Paper presentation. He also chaired a session. (Pic.-F)



Annual Convention of NNF, Varansi, 7-10th Dec.

Dr. Harmesh S. Bains (Paediatrics) presented a paper and chaired a session.

10th Annual Conference of IAPSM North Zone, IGMC Shimla, 16-17th Dec.

Dr. GPI Singh, Dr. Sarit Sharma and Dr. Mahesh Satija (SPM) attended the conference.

International Conference on 'Emerging Population' issues in Asia Pacific Regions. Challenges for 21st Century, Mumbai, 10-13th Dec.

Dr. R.K. Soni and Dr. Sangeeta Girdhar (SPM) attended the conference. Dr. Sangeeta Girdhar also presented a paper entitled 'Epidemiology Correlation of Domestic Violence in married women in urban area of Punjab.'

National Convention of Medical Library Association of India, PGI Chandigarh, 18-20th Dec.

Mr. Prem Chand Sharma (Librarian) presented a paper on 'Open Access : Needs and Its Implications'. Mr. Ramesh Kumar Sharma, Asstt. Librarian and Mr. Vinod Lal Sirivastva, Sr. Library Asstt. also attended the Convention.

CONGRATULATIONS

- **Dr. Manish Munjal** (ENT) have been awarded the prestigious 'National Karnik Fellowship' by the Neuro-Equillbriometric Society of India (NES).
- **Dr. GPI Singh** (SPM) was conferred upon the YL Vasudeva Oration Award, 10th Annual Conference of IAPSM North Zone IGMC Shimla, 16-17th Dec.
- **Dr. Sarit Sharma** (SPM) and **Dr. Mahesh Satija** (SPM) were elected executive members, IAPSM North Zone.

ZONAL Conferences/
Guest Lectures/ Talks

Dr. Rajoo Singh Chhina (Gastroenterology) held a NSS Camp at Kamla Lohtia Snatan Dharam College, Ludhiana and also delivered a Lecture on Hepatitis-B, Liver Diseases and HIV-AIDS, 29th Dec.

Dr. G.S. Bajwa, Dr. Dinesh Garg and Dr. Sumit (Ophthalmology) attended a conference of 'Annual Punjab Ophthalmological Society' at Bhatinda and also delivered a talk.

Dr. Munish Munjal (ENT) attended 'Annual Convention of Allergy & Immunology', Jalandhar and also presented a paper.

Dr. GPI Singh (SPM) participated in the Punjab State Workshop for launch of IMNCI at Chandigarh, 21-22nd Dec.



Dr. Rajoo Singh Chhina (Gastroenterology) delivered a guest lecture during NAMS-PGI joint meeting on Liver Diseases, PGIMER, Chandigarh. 17th Dec. (Hepatocellular Carcinoma - Diagnosis & Management) (Pic.-G)

Dr. Sanjeev Uppal (Plastic Surgery) delivered a Guest Lecture on 'Maxillo Facial Injuries - an overview' during a CME on Trauma Management organised by GMC, Patiala. 18th Dec.

Dr. Amarjeet Kaur (Transfusion Medicine) inaugurated and delivered a talk on 'Voluntary Blood Donation' during a NSS Camp organised by SCD Govt. College for Boys, 24th Dec.

Dr. D.S. Sandhu (Oncology) delivered a Lecture on 'Cancer Prevention' at Punjab Police Academy, Phillaur,

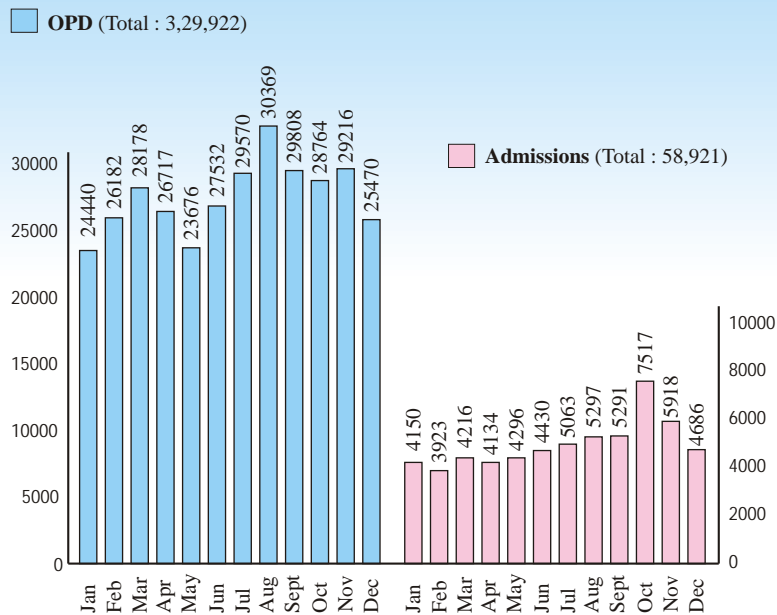
Camps Organised

Free Medical Camp at BCM Modern Senior Secondary School, Sector 32-A Chandigarh Road, Ludhiana, organised by 'M/s Rockman Industries Ltd.', 3rd Dec. 506 patients were examined by doctors of different specialities.

Free Medical Camp, Hero Cycles Ltd. GT Road Ludhiana, 23rd Dec. Nearly 600 patients were examined by doctors of different specialities.

Voluntary Blood Donation Camp, Shanti Tara College, Ahmedgarh, 23rd Dec. **Dr. Amarjeet Kaur** (Transfusion Medicine) organised the Camp & Collected 48 units of Blood.

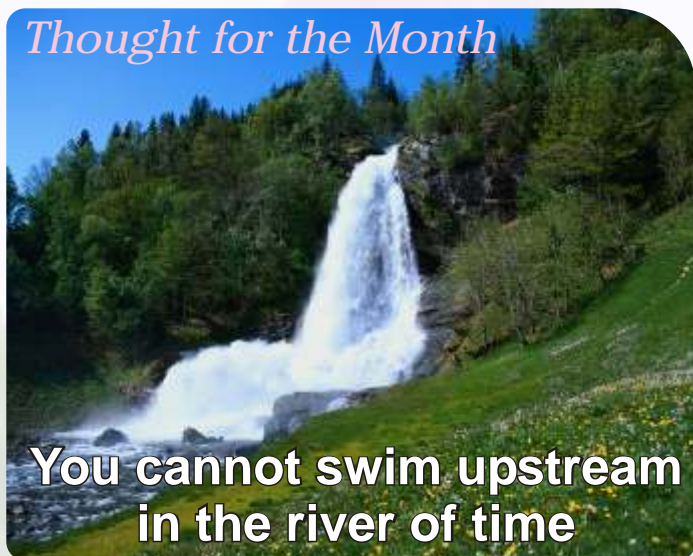
DMCH Patients, 2006



Thoughts determine your destiny

- Be careful of your thoughts
For your thoughts become your words.*
- Be careful of your words
For your words become your action.*
- Be careful of your actions
For your actions become your habits.*
- Be careful of your habits
For your habits become your character.*
- Be careful of your character
For your character becomes your destiny.*

Thought for the Month



**You cannot swim upstream
in the river of time**

WHAT YOU MUST KNOW ABOUT...

Body Donation

Dr. Poonam Singh, Prof. & Head of Anatomy

- Que : 1 Why should you pledge to donate your body after death?**
 Ans: Body donation is a unique contribution for the advancement of Medicine. This provides teaching and research resource material.
- Que : 2 How is the body treated ?**
 Ans: Dignity, respect and anonymity is maintained during and after anatomical and research studies.
- Que : 3 What kind of Anatomical Studies ?**
 Ans: Donors provide crucial education to M.B.B.S., M.S. students and super specialists. Senior staff in various departments also conduct research.
- Que : 4 Who all can donate ?**
 Ans: Everyone, including persons ineligible for organ donation programme, can donate.
- Que : 5 How to donate ?**
 Ans: Anyone who is interested can register him/her self with DMCH. Prescribed format is available in the Department of Anatomy which can be received upon request.
*Correspondence Address :-
 The Prof. and Head,
 Department of Anatomy (Old Campus),
 Dayanand Medical College & Hospital,
 Ludhiana.*
- Que : 6 What happens after death of registered Donor ?**
 Ans: After death, next of kin informs Dayanand Medical College & Hospital as early as possible (within 24 hours) at the following contact Nos.
*Dr. Sandeep Puri, Medical Supdt. 98155-45314
 Dr. Poonam Singh, Head of Anatomy 98155-43711
 Mr. Vikram Bhanot, COSD 98155-45311*
- Que : 7 Can I donate my body after organ donation?**
 Ans: Yes, we will even accept your body after organ donation.
- Que : 8 How will my earthly remains be handled after research is completed?**
 Ans: We will fulfill your wishes as indicated by you in your will.

Executive Team – DMCH Capsule

Dr. Harmesh Singh Bains (Convener), Dr. Praveen C.Sobti (Secretary),
 Dr. J.L. Bassi, Dr. Navjot Bajwa, Dr. Manish Munjal,
 Dr. Dinesh Garg, Dr. Sandeep Kaushal, Dr. Rama Gupta,
 Dr. Anju Grewal, Dr. Anurag Chaudhary and Dr. Gautam Biswas

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